**Department of Professional Counseling**

**Clinical Mental Health Counseling Plan of Study**

Half-Time Fall Admission

|  |  |  |  |
| --- | --- | --- | --- |
|  | **1st Semester - Fall** | **2nd Semester – Spring**  | **3rd Semester - Summer** |
| **Session 1** |  |  |  |
|  | \*CNSL 6400 Professional Foundations of Counseling - 3 | \*CNSL 6100 Theories of Counseling - 3 | CNSL 6180 Lifespan Development – 3                                    |
| **Session 2** |  |  |  |
|  | \*CNSL 6410 Ethical, Legal, & Professional Issues in – 3 | \*CNSL 6420 Counseling and Helping Relationships - 3    |  |
|  | **Total 6**  | **Total 6** | **Total 3** |
|  |   |   |   |
|  | **4th Semester** **– Fall**  | **5th Semester – Spring** | **6th Semester - Summer** |
| **Session 1** |  |  |  |
|  | CNSL 6425: Advanced Counseling Skills & Techniques - 3 | \*CNSL 6430 Psychopathology and Diagnosis - 3  | CNSL 6840 Special Topics in Counseling – 3 |
| **Session 2** |  |  |  |
|  | \*CNSL 6140 Group Counseling and Group Work -3 |  CNSL 6200 Social and Cultural Foundations in Counseling - 3  |  |
|  | **Total 6** | **Total 6** |              **Total 3** |
|  |  |  |  |
|  | **7th Semester** **– Fall**  | **8th Semester – Spring** | **9th Semester - Summer** |
| **Session 1** | CNSL 6530 Career Development and Counseling -3 | CNSL 6210 Addictions and Substance Use Counseling - 3 | CNSL 6830 Crisis, Trauma, and Emergency Intervention COUN – 3                                      |
|  |  |  |  |
| **Session 2** | CNSL 6800 Research and Program Evaluation - 3 | CNSL 6110 Family Systems – 3 |  |
|  |  |  |  |
|  | **Total 6** | **Total 6** |              **Total 3** |
|  |   |   |   |
|  | **10th Semester** **– Fall**  | **11th Semester – Spring** | **12th Semester - Summer** |
| **Session 1** | \*\*CNSL 6450 – Practicum - 3 | \*\*CNSL 6485 Internship II – 3 | CNSL 6160 Assessment and Testing -3  |
|  |  |  |  |
| **Session 2** | \*\*CNSL 6480 Internship I - 3  | \*\*CNSL 6490 Internship III – 3 |  |
|  |  | Exit Exam  |  |
|  | **Total 6** | **Total 6** |              **Total 3**  |
|  |   |   |   |

\*- Required Core Courses prior to Starting Practicum

\*\* - Required Clinical Experience

Half-Time Spring Admission

|  |  |  |  |
| --- | --- | --- | --- |
|  | **1st Semester - Spring** | **2nd Semester – Summer** | **3rd Semester - Fall** |
| **Session 1** |  |  |  |
|  | \*CNSL 6400 Professional Foundations of Counseling - 3 | CNSL 6180 Lifespan Development – 3                                     | \*CNSL 6100 Theories of Counseling- 3 |
| **Session 2** |  |  |  |
|  | \*CNSL 6410 Ethical, Legal, & Professional Issues in – 3 |    | \*CNSL 6420 Counseling and Helping Relationships - 3  |
|  | **Total 6**  | **Total 3** | **Total 6** |
|  |   |   |   |
|  | **4th Semester** **– Spring** | **5th Semester – Summer** | **6th Semester - Fall** |
| **Session 1** |  |  |  |
|  | CNSL 6425: Advanced Counseling Skills & Techniques - 3 | CNSL 6840 Special Topics in Counseling – 3 | \*CNSL 6430 Psychopathology and Diagnosis - 3  |
| **Session 2** |  |  |  |
|  | \*CNSL 6140 Group Counseling and Group Work -3 |   | CNSL 6200 Social and Cultural Foundations in Counseling - 3  |
|  | **Total 6** | **Total 3** |              **Total 6** |
|  |  |  |  |
|  | **7th Semester** **– Spring** | **8th Semester – Summer** | **9th Semester - Fall** |
| **Session 1** | CNSL 6530 Career Development and Counseling -3 | CNSL 6830 Crisis, Trauma, and Emergency Intervention COUN – 3                                      | CNSL 6210 Addictions and Substance Use Counseling - 3 |
|  |  |  |  |
| **Session 2** | CNSL 6800 Research and Program Evaluation - 3 |  | CNSL 6110 Family Systems – 3 |
|  |  |  |  |
|  | **Total 6** | **Total 3** |              **Total 6** |
|  |   |   |   |
|  | **10th Semester** **– Spring**  | **11th Semester – Summer** | **12th Semester - Fall** |
| **Session 1** | \*\*CNSL 6450 – Practicum - 3 | \*\*CNSL 6485 Internship II – 3 | \*\*CNSL 6490 Internship III – 3  |
|  |  | CNSL 6160 Assessment and Testing -3 | Exit Exam |
| **Session 2** | \*\*CNSL 6480 Internship I - 3  |  |  |
|  |  |  |  |
|  | **Total 6** | **Total 6** |              **Total 3**  |
|  |   |   |   |

\*- Required Core Courses prior to Starting Practicum

\*\* - Required Clinical Experience